

## GUIDELINES TO FOLLOW AT MAHASAMADHI STHAL

All visiting Sahaja Yogis are humbly requested to maintain the sanctity, peace and purity of this highest Pilgrimage in this creation, which has been chosen by Shri AdiShakti Herself to be the Eternal Abode of Her physical form. To meditate, enjoy and imbibe Her tremendous Blessings and to allow other visiting Sahaja Yogis a similar experience, we must -

- Remain quiet at all times, especially, in the vicinity of Shrine area.
- Not sit for meditation inside the sanctum sanctorum. Wear proper clothes that keep our body fully covered, even during meditative posture.
- Keep our Mobile phones in silent or Airplane mode or better switched off.
- Not eat, drink anything in the vicinity of Shrine area.
- Not distribute sweets / Prasad to the Yogis meditating in the Shrine area.
- Not pluck flowers from NirmalDham for offering at Shrine.
- Not play any kind of music or speeches on your personal electronic gadgets without headphones.
- Not recite mantras or say lectures in a manner that distract others in their meditation.

We are sure that you would observe the highest form of alertness of behaviour and protocol, keeping in mind the fact that this place is the place of Supreme Goddess on earth and we call ourselves Her children and represent Her in this world.

JAI SHRI MATAJI

NIRMAL DHAM IS OPEN FOR VISITING SAHAJA YOGIS

**April to September** 5:30 A.M. TO 9:00 PM

**October to March** 6:00 A.M. TO 8:30 PM

For any suggestions or information, please write to : [delhinirmaldham@gmail.com](mailto:delhinirmaldham@gmail.com)

Managing Committee  
The Life Eternal Trust, Delhi