

good Sahaja Yogis. We should never use bad language and should never shout at each other. You should quietly listen to me and I shall quietly listen to you.

I remember Shree Adi Shakti Mataji in my heart and tell you that we both should regularly meditate and teach our children and our friends how to meditate. Our life should be of penance, but we should not complain or tell others about it and should be always happy. Your eyes should be pure and free from lust for women and without greed for anything.

I remember Shree Adi Shakti Mataji in my heart and tell you that we should understand that Her Holiness Mataji Shree Nirmala Devi has conferred Her blessings on us, and we should completely surrender and dedicate our hearts to Her. This dedication should be through integration of body, mind and intellect. We should be aware how tremendous and unprecedented a work is Self- Realization, and everything else in our life is unimportant. We should unceasingly enjoy Her ever-flowing grace, devote and regularly offer puja to Her, and be extremely humble in Her presence. Please correct me if you find me failing in this.

Brides and Bride-Grooms say together:

I shall open the path of Moksha which I have got with the blessings and grace of Her Holiness Shree Mataji also to others and shall achieve in the company of such a great and realized person, the well-being of the whole universe.

APPENDIX III - SAHAJA MARRIAGE COMMITTEE

The current Sahaja Marriage Committee members are as under:

	Name	Place
1	Smt. Kalpana Srivastava	Mumbai
2	Shri. Amogh Sase	Mumbai
3	Shri Ashwani Chugg	Delhi
4	Smt. Deepti Singh	Varanasi
5	Shri. Jaisingh Patel	Gujarat
6	Shri. M K Garg	Indore
7	Smt. M Lakshmi Baji	Hyderabad
8	Shri. Sangram Parab	Norway
9	Shri. Shrirang Jadhav	Navi Mumbai
10	Smt. Smita Bugde	Mumbai

The above list of members shall be periodically reviewed. Advocate Milind Shedsale from Kolhapur will look after the legal aspects of the Sahaja marriages.

IMPORTANT INSTRUCTIONS FOR APPLICANTS

- a) Read in full the Principles & Protocols document.
- b) Prepare yourself subtly through meditation, introspection, and Sahaja techniques, watch Mother's videos and advice regarding Sahaja Marriages, talk to senior or married yogis in your collective before deciding to apply.
- c) Fill the application form meant for the current year's ceremony only.
- d) Print and sign the form along with copy your supporting documents for Age, Education & Income proof.
- e) Applicants will also need to sign an additional Declaration Form (For Indians, this needs to be on a **Rs. 100 Non-Judicial Stamp paper duly notarized with notary register number**. For applicants residing outside India, it can be submitted on a plain paper) to indicate that free and open consent is given. All the Declaration Form should be signed by 2 witnesses.
- f) Provide the filled form and go through a short interview with your, city/center coordinator /national coordinator / marriage coordinator as instructed by your council/coordinator. Your coordinator will send the form along with the required documents to the marriage committee, you do not need to do anything. (Sometimes it is seen the Confidential form is filled in by the candidate and the coordinator just signs it. Please, remember that this form should be filled by the coordinator and not by the applicant. In fact, coordinator should not distribute this form to the applicant. If the Coordinator does not know the applicant well, he/she should ask the City/State/Country Coordinator to verify the applicants' details, and then together fill in coordinators' parts & sign.)
- g) The marriage registration fee for the yogis/yoginis willing to get married / re-married will be Rs. 30,000/- per couple (i.e., Rs.15,000/- per yogi / yogini), which must be deposited or remitted online when the couples present themselves for registration of their marriages at Nirmal Nagari, Ganapatipule.

h) Your coordinator will need to submit your application form & required documents along with the coordinator's confidential duly filled up in all respects, latest by

15th, November 2023 as below:

- I. **Physical Copies by Post (*Mandatory for Indian Residents):** For all Sahaja Yogis/ Yoginis, who are eligible for marriage as per Sahaja protocols, their coordinator shall arrange to send their marriage applications, coordinator's confidential form & documents all together to the following address:

The Life Eternal Trust
Unit No 1111, 11th Floor, Hubtown Solaris, N S Phadke Marg,
Andheri (East), Mumbai 400069.
Contact no: + 91 22 26843169, + 91 7738111185

- II. **Attach Scanned Copies by Email:** Coordinators shall send us a complied single email attaching the scan copies of the marriage application form, Coordinator's confidential form and other required documents all together (Supported File Format JPEG, PNG or PDF) to sahajamarriages@thelifeeternaltrustmumbai.org .

The marriage forms can be downloaded from website www.thelifeeternaltrustmumbai.org or www.sahajayogamumbai.org .

Note: Names of the matches for Sahaja Marriages will be announced on the first day of the International Sahaja Yoga Seminar to be held in December 2023 at Nirmal Nagari, Ganapatipule. (Please refer to the seminar circular for further details).

PART B: Guidelines for National and Coordinators / Signatories

GENERAL INFORMATION

Sahaja Marriages are a sacred ceremony based on Divine principles taught by Our Divine Mother, which has a deep impact on peoples' lives and should be always considered with utmost attention and care.

Coordinators, council members, local representatives who have the task of counselling the applicant & signing application forms should be aware of the Principles and Protocols of Sahaja Marriages, contained in a separate document.

The updated document is circulated to all National and Coordinators, along with blank application forms, whenever such a ceremony is announced.

DISTRIBUTION OF FORMS

Applications forms are circulated atleast once a year to all the coordinators. The necessary information and forms are also made available on www.thelifeeternaltrustmumbai.org and www.sahajayogamumbai.org . The coordinators are requested to make the necessary announcements in all the centers for all the interested applicants to fill the latest circulated application forms and ensure that every interested person receives it.

DISCUSSION WITH APPLICANTS

The coordinator has the responsibility to personally discuss with each candidate and provide advice and guidelines to ensure that there is a heartfelt understanding of the deep spiritual and life commitment, acceptance of the Sahaja Marriage maryadas & readiness for a Sahaja Marriage.

The coordinator should ensure the applicant has been practicing Sahaja Yoga for at least 2 years, regularly attending Centre and is actively participating in Sahaja Yoga programs/activities in and around the Centre/City and has attained the Sahaja maturity & dedication.

It has been found that some applicants after getting the matching announcement decide to refuse the match stating e.g., the non-sahaj parent's non-acceptance because of horoscope, etc. although they state the vibrations are good. The

Coordinator while counselling shall ensure that the applicant's top-most priority shall be based on Divine Vibrations and Mother's guidance, not on mundane things.

FILLING AND CHECKING THE FORM

The country/city/center coordinator must check thoroughly the data/information filled in by the Candidate. **They will have to take full responsibility of the contents of the application.** They are also required to verify and validate the information provided by applicants and fill in the confidential form for everyone. The coordinator shall ensure the information filled in by the applicant is clear esp. where a clear yes/no answer is required & contact details (as well as verify whether other details like contact info, email ID, applicant's colour photograph is recent and clear etc.)

The coordinator should highlight situations where individuals are not established in Sahaja Yoga or have undisclosed health issues or income/economic issue or there are specific personal issues such as divorce etc. In cases where the yogi/yogini is new to the collective, the coordinator needs to collect information from coordinator of other centers where the yogi/yogini was attending.

The coordinator, as a responsible Yogi to Sahaja Yoga, will finally provide a true and unbiased recommendation about the applicant including an overall rating and sign both the forms. Forms partially filled or not signed by the applicant and the coordinator will not be considered for matching and the applicant will be asked to complete the forms if time permits.

NOTE: The coordinator recommending the Marriage Application Form can be either a Center coordinator/ City coordinator/ State coordinator/ National or authorized Marriage coordinator.

The Coordinator's Confidential Form shall be signed by the Coordinator responsible for providing the required details about the applicant. It should also be signed by another Coordinator (city/state/country/marriage) recommending the person's application. For applicants outside India, we request the Country Coordinators to recommend the person's application. In case of difficulty in finding signatories for recommending the application, the applicant can contact the Sahaja Marriage Committee members (sahajamarriages@thelifeeternaltrustmumbai.org) for list of coordinators who can recommend the application.

SUBMITTING THE APPLICATIONS TO THE COMMITTEE

The coordinator shall ensure the forms are sent on or before the timeline defined by the marriage committee and not at the personal address of the marriage committee members. **The forms should be collected and sent by coordinators and not by individual applicants.** You will need to submit your application form & required documents along with the coordinator's confidential duly filled up in all respects, latest by **15th, November 2023** as below:

- I. **Physical Copies by Post (*Mandatory of Indian Residents):** For all Sahaja Yogis/ Yoginis, who are eligible for marriage as per Sahaja protocols, coordinator shall arrange to send their marriage applications, coordinator's confidential form & documents all together to the following address:

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ON ARRIVAL AT THE SEMINAR VENUE

The applicants are requested to contact the Sahaja Marriage Committee members on arrival at the seminar venue.

BEFORE THE MARRIAGE CEREMONY

The matched couples who are willing to marry must arrange for timely visas (if required) to reach the marriage venue on time. They should inform about their willingness through an email to the marriage committee along with the attachment of the match announcement, if they were matched from the previous engagement announcements so that the organizers are able to arrange the required inventories.

The Marriage Committee will maintain complete confidentiality about all the information provided by applicants and coordinators and invites all local and national coordinators to take every step so that such information is managed confidentially throughout the local data collection process in their own countries.

Note: Names of the matches for Sahaja Marriages will be announced on the first day of the International Sahaja Yoga Seminar to be held in December 2023 at Nirmal Nagari, Ganapatipule. (Please refer to the seminar circular for further details).

AFTER THE MARRIAGE CEREMONY

The married couples are requested to adhere to the legal requirements like registration of marriage (within the specified time limit) of the resident country where they would continue to live. They should adhere to the Sahaja protocols as per the Guidelines of our Divine Mother.

Cases of misbehavior on the part of husband and wife reported to the Marriage Committee will be forwarded to national/local signatories for necessary action.

For requesting information about marriage ceremonies, matches etc. write to us on sahajamarriages@thelifeeternaltrustmumbai.org .